

Name: _____

Date: _____

BASFI Bath Ankylosing Spondylitis Functional Index

Please indicate your level of ability with each of the following activities during the past week.

1) Putting on your socks or tights without help or aids

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

2) Bending forward from the waist to pick up a pen from the floor without an aid

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

3) Reaching up to a high shelf without help or aids

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

4) Getting up out of an armless dining room chair without using your hands any other help

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

5) Getting up off the floor without help from lying on your back

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

6) Standing unsupported for 10 minutes without discomfort

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

7) Climbing 12 to 15 steps without using a handrail walking aid

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

8) Looking over your shoulder without turning your body

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

9) Doing physically demanding activities

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible

10) Doing a full day activities whether it be at home at work

Easy 0 1 2 3 4 5 6 7 8 9 10 Impossible